



Kentucky Employees'
Health Plan

Take Care Kentuckians: At-home KEHP Member Resources

Educational Resources — For Parents, Caregivers, and Teachers



- With schools and day care centers closed, **Rethink Benefits** provides **FREE** virtual resources for parents including assessments, one-on-one consultation, lesson plans and teaching steps for assisting parents of children at all levels.
 - Go to kehpn.rethinkbenefits.com and use the code **KEHP** to enroll
 - Call 800-714-9285
- Resources are available for parents, caregivers, and teachers of all children, including children with Developmental Disabilities.

10 TIPS

from Rethink to support
your family right now



rethink
BENEFITS

Join Rethink on March 26 for a Virtual Family Support Learning Session

During the session, Rethink behavior experts will share 10 practical tips and strategies around topics, including helping your child stay on task by creating clear expectations and using positive reinforcement to support desired behaviors you want to see at home. Register today for this NO-COST session.

*If you can't attend, we encourage you to register to get a recorded version via email.